

Coping with Caregiver Stress

Caring for a person with Alzheimer's disease or other form of dementia can become an overwhelming experience. Often, caregivers neglect their own well-being because they are devoting so much time to the responsibilities of day-to-day caregiving. This program examines caregiver stress and offers coping strategies to become a healthier caregiver.

Thursday, July 27, 2017

6:30—7:30 p.m.



Romano Conference Center
175 High Street, Newton, NJ
973-579-8340

There is no fee for attending this program, however, **pre-registration is required.**

You can register online at
alznj.org®

Or call Alzheimer's New Jersey:
888-280-6055