

Project Sussex Kids:
County Council for Young Children
Prenatal Families Subcommittee Meeting

July 15, 2015; 3:00 PM

Project Self-Sufficiency

Welcome and Introductions: Haley McCracken; Project Sussex Kids coordinator, Hannah Kirby; PSS, Inka Adenuga; PSS/Nurse Family Partnership Program/subcommittee chair, Darla Williams, NORWESCAP WIC Program, Angie Hernandez; NORWESCAP WIC Program, Donna Laval; Perinatal Mental Health Coordinator at the Partnership for Maternal and Child Health

Subcommittee Meeting Review- May 2015:

- Action Items
 - Prenatal Subcommittee meetings we would like to recruit members
 - Overall goal for Project Sussex Kids: to link families to resources
 - Want families to identify Project Sussex Kids as a resource
 - Provide a forum for parents
 - Parent Café
 - Way to do a needs assessment
 - Had a Parent Café at the Mommy Party in June
 - Had both English and Spanish speaking mothers
 - There were translator present
 - All the mothers really liked the program
 - Want to keep having these both at Project Self-Sufficiency and throughout the community
 - Dates TBD
 - Provide dinner and childcare
 - Baby showers
 - Prenatal clinics in Newton and Hackettstown
 - Have an event for families at these clinics
 - NORWESCAP WIC
 - Check Pickup Program (Monday, Tuesday, Thursday)
 - Give information to parents on nutrition etc.
 - Have classes
 - Interactive site
 - Have Project Sussex Kids present
 - Need to come up with a date 3 months out
 - Developing a Protocol for working with pediatricians
 - Parent and pediatrician communication
 - Pediatricians to advocate about Project Sussex Kids
 - Have a plastic display board at pediatricians offices
 - Have questions on medical form
 - Pediatricians should hand parents information on resources
 - Talk with doctors about where we are going with Project Sussex Kids
 - Everyone always reads what the doctor hands to them

- Dr. Luis Pupo (sees Medicaid patients) and Hamburg Pediatrics

Project Sussex Kids Website Update:

- Up and running
- Homepage
 - Enrollment forms both for Parents and Community Organizations
 - Will be interactive
 - Scrolling updated information
 - Upcoming meetings
 - Articles
- Purple band across the top of the homepage
 - Links to subtopics on the resource guide
 - Able to click on these links
 - Drop down menu for different ages
- Site map on the bottom of the website pages
 - Easy way to get where you want to go without having to go through the different topics
- Links to Project Sussex Kids social media sites
- Website will have resource guide online where it is able to be updated frequently

Discussion Items:

- Development of the Project Sussex Kids Resource Guide
 - Get parents resources quickly with minimal frustration
 - Available ages prenatal through age 8 and beyond
 - Want to find local resources at childcare centers, pediatricians, churches, etc.
 - Sample of the letter we will be sending out shortly to agencies and a form for the agencies to fill out
 - Want to find out what programs are available at these agencies
 - Information changes and new programs start so we want to stay up to date with current information
 - Resource guide will be available throughout Sussex County
 - Both in hard copy and online so it can be updated frequently
- Central Intake
 - Works together with Project Sussex Kids
 - Focuses on improving pregnancy outcomes/improved maternal early childbirth
 - 1800 number housed at Project Self-Sufficiency
 - There will be a live operator answering the phone
 - Will filter referrals for community resources
 - Assessment, home visitation, case management
 - Available through age 18
 - Get where you want to be in the shortest time
 - Easier for parents to access since there is one simple number to call
 - There will be a resource guide binder at Project Self-Sufficiency that the operators will use
- SPAN Seminars
 - Starting in October through May

- Skipping December
 - 6 workshops
 - In the evening on the first Tuesday of the month
 - Dinner and childcare will be provided
 - Holding seminars at Project Self-Sufficiency
 - Basic Rights, Early Education, Early Literacy
- Speaker/Topic Ideas
 - Things parents would like to know more about
 - Presenters that you have previously seen that you would recommend
 - Have the Survey for Presentation/Speaker Topics online
 - Diane Lang came to the July General Council Meeting and presented on *Positive Parenting*
 - Topic suggestions
 - Under nutrition prenatal mothers would be interested in breast feeding
 - Want to be provided with information
 - Routines (patters, expectations)
 - Helps both the baby and mother
 - Have to take care of the baby and take care of yourself
 - Some mothers cannot afford childbirth, breast feeding, and birthing classes
 - Can we find classes in the area that are free?
 - Have free yoga, relaxation, Lamaze classes for post partum mothers
 - Beth Caraballo from PSS teaches yoga and maybe she can offer some type of class

Comments, Questions, Suggestions, and Outreach Ideas:

- Possibly change the title of “Prenatal Families” to “Nursing Mothers”
 - Prenatal is limiting and detour people from coming to meetings
- Use home visitors and nurses to hand out information on Project Sussex Kids
- Having a picnic may be a good way to attract young families
 - Ex: Phillipsburg’s Under the Tent
- Be present at community events with something that will attract people to the Project Self-Sufficiency/Project Sussex Kids table
- Hospital tours, childbirth classes, breast feeding classes, birthing classes at Newton Medical Center
 - Have a presentation or talk before the class or tour starts since people always want to leave right after the class or tour is finished
- Are there prenatal support groups?
- We are coming up with a Project Sussex Kids card with simple information
 - Phone number, website, short explanation of Project Sussex Kids
 - “Resources for Families”

***Next Project Sussex Kids Families of Infants, Toddlers, and Preschoolers Subcommittee meeting: September 17, 2015 at 1:00 PM**